



Sanderson High School



Learning Away (Residential) Programme

At Sanderson High School we have a six year Learning Away (Residential) programme for our pupils, giving pupils the chance of a residential experience every year of secondary school.

The overall aims of the programme are to develop our pupils in the following areas:

- Self esteem and confidence
- Independent living skills and responsibility for self
- Teamwork and cooperation with peers
- Fitness and healthy lifestyle
- Interpersonal skills
- Experiencing another culture

First Year

Inverclyde - National Sports Training Centre,
Largs, Scotland

Focus: Sport and Fitness



Second and Third Year

Calvert Trust Lake District Centre,
Keswick, Cumbria

Focus: Adventure and Challenge



Fourth and Fifth Year

Bendrigg Trust, Kendal, Cumbria

Focus: Adventure and Challenge



Sixth Year

City Break - Paris

Focus: Cultural Visit



Inverclyde - National Sports Training Centre

The Inverclyde Learning Away Experience takes place in the Autumn of first year when we are still getting to know our first year pupils. A selection of pupils are given the chance to participate in this sports activity based residential. It takes place over two days with one night away from home. This gives us a great opportunity to see how the pupils cope with being away from home with our Staff. The residential is subsidised and gives pupils the chance to try new sports and activities supervised by qualified coaches.

The sports activities encourage pupils in the area of fitness and healthy lifestyles as well as teamwork and cooperation with peers from their own and other schools. The residential aspect of the two days develop pupils in the areas of independence, taking responsibility and



<http://www.nationalcentreinverclyde.org.uk/Home>

Calvert Trust - Lake District Centre

Our Learning Away visit takes place in November / December when pupils are in second and third year. All pupils from second and third year are given the opportunity to participate in this residential experience including pupils in our C.L.D. (Complex Learning Difficulties) Department.

Most pupils attend Monday to Friday, 5 days / 4 nights but we do have some pupils including those from the C.L.D. Department who attend Monday to Wednesday, 3 days, 2 nights.

This Learning Away experience is based around outdoor activities giving our children adventure and challenge. The centre is well equipped to meet the needs of all our pupils. The activities help our pupils develop in the areas of self confidence and self esteem as well as teamwork and cooperation with peers. The residential aspect of the experience help develop pupils in the areas of independent living, being responsible for yourself and cooperating with peers in both year groups.

Catering is provided by the centre and they are able to provide meals to meet the various dietary needs of our pupils. Pupils choose what they would like on the rolls for their packed lunch. The needs of our pupils are shared with the centre in advance via a disabilities list and a medication form. This is followed up by telephone calls to ensure the whole residential programme catering, accommodation and activity programme is tailored to our needs.

Evening activities are organised by Sanderson Staff using the games room and / or sports hall. This also gives us an opportunity to complete pupils Keswick diaries that help pupils take home the story of their experience to parents and carers.



<http://www.calvert-trust.org.uk/lake-district/introduction>

Bendrigg Trust - Bendrigg Lodge

Our Learning Away visit takes place in February / March when pupils are in fourth and fifth year.

All pupils from fourth and fifth year are given the opportunity to participate in this residential experience including pupils in our C.L.D. (Complex Learning Difficulties) Department. Most pupils attend Monday to Friday, 5 days / 4 nights but we do have some pupils including those from the C.L.D. Department who attend Monday to Wednesday, 3 days, 2 nights.

This Learning Away experience is based around outdoor activities giving our children adventure and challenge. The centre is well equipped to meet the needs of all our pupils. The activities help our pupils develop in the areas of self confidence and self esteem as well as teamwork and cooperation with peers. The residential aspect of the experience help develop pupils in the areas of independent living, being responsible for yourself and cooperating with peers in both year groups. Pupils are expected to be more independent during this residential and are expected to choose from a selection of fillings for and to make their own sandwich for their packed lunch.

Catering is provided by the centre and they are able to provide meals to meet the various dietary needs of our pupils. The needs of our pupils are shared with the centre in advance via a disabilities list and a medication form. This is followed up by telephone calls to ensure the whole residential programme catering, accommodation and activity programme is tailored to our needs.

Evening activities are organised by Bendrigg Staff and this includes a camp fire and a film evening.



<http://www.bendrigg.org.uk/>

City Break - Paris

Our Learning Away City Break takes place in June when pupils are in sixth year. A selection of pupils from sixth year are given the opportunity to participate in the residential experience to Paris. The Paris trip is usually Monday to Thursday / Friday, 4 or 5 days / 3 or 4 nights.

This Learning Away experience is based around becoming more aware of a different culture and city environment that pupils are not familiar with. The pupils visit the tourist sites of the city and experience eating out in restaurants. Some of the Paris group experience travelling on the Metro.

The activities help our pupils develop in the areas of self confidence and self esteem as well as cooperation with peers. The residential aspect of the experience help develop pupils in the areas of independent living, being responsible for yourself and cooperating with peers.

Breakfast is eaten in the hotel in Paris and lunch and dinner are eaten in city restaurants. Pupils are supported in using foreign currency and trying to use some words of French.

Preparation for the Paris visit includes a day out in Glasgow using the train and underground, going up and down escalators and eating out in a restaurant.



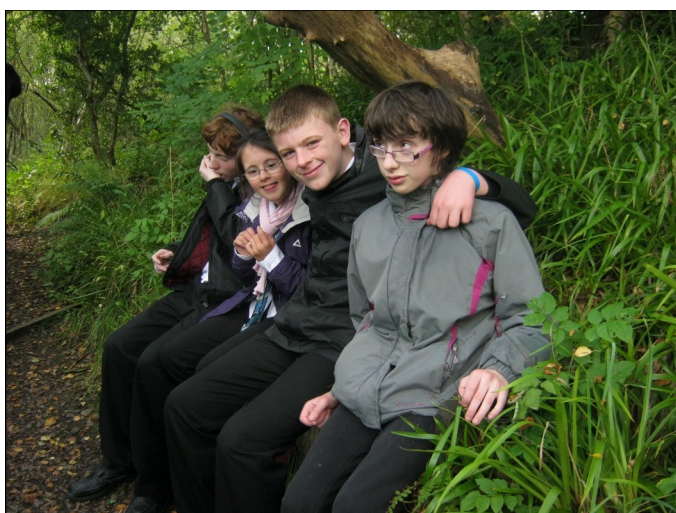
Preparing for Learning Away

In our weekly school timetable we have two longer afternoons which we allocate to our Project Learning time. Groups of pupils sometimes from different classes and year groups come together in project groups to learn together for the whole afternoon. This facilitates going out of school to experience the outdoors or to participate in educational visits. Around the time of the Learning Away experiences approximately 6 weeks prior to the residential and 2 weeks after a devoted to preparation for and learning from the experience.

Pupils learn about where they are going, how to prepare for going away e.g. packing a suitcase, what activities they will be doing and what clothes and equipment they will be wearing and using.

We have found that this preparation time is invaluable in adding to the pupils experience of the residential. The 2 or 3 weeks after the residential are an excellent way of reviewing the visit using photographs and videos to remind pupils what they did and to help them share this with others.

Pupils prepare slide shows and video presentations to share their experiences with the rest of their project group.



Keswick 2012



We made a display of pictures of our favourite Keswick activities.

